



Expectations from Parents and Families

As a parent you play a special role in contributing to the needs and development of your young soccer players.

Through your encouragement and good example, you can help all the players learn good sportsmanship and self-discipline. Young players need to learn to work together, to sacrifice for the good of the team, to challenge themselves, and learn how to win and lose appropriately, while having an overall fun experience.

Support the players. Support your child by encouraging them and showing interest in their team. This starts by players attending practice/matches and families using the RSVP function on the team app. Help your child challenge themselves and improve by showing up to practice and showing commitment to their team and themselves. Focusing on the player's effort and attitude at each practice and each match instead of focusing on victories or defeats will guarantee an overall more positive experience and lessons for the players to take away from soccer.

Be Positive. Parents serve as role models for their children. Work to be a positive role model. Applaud good plays by your child's team as well as good plays by the opposing team. Support all efforts to remove verbal and physical abuse from youth sports.

Encourage Learning. Players should love to win but learn to lose so that they can improve. Players will improve with each practice and match if they are allowed to make mistakes and learn from them. Positive enforcement is the best way to help your child achieve their goals and overcome a fear of failure or disappointment. Mistakes are an essential part of development as a soccer player. Focus on the lessons learned from the mistakes and encourage the players to take ownership of their own goals and standards.

Support your Coach. PCFC coaches are parents and volunteers. They volunteer significant time to help the players have a positive experience while developing as soccer players. They need your support. Do not criticize or speak negatively of your coach in the presence of your child or other parents.

If you are interested in coaching, please contact Gavin Meech or reach out to your team's coach if you would like to assist. If your child is having difficulty focusing at practice or



matches, please help your coach avoid disruptions for the entire team by encouraging your child to stay engaged. Communicate with your coach about any special circumstances that may help your child stay engaged.

Sign up for snack duties on the team app on your team's schedule. Any help you can offer throughout the season for your team and the club is needed and greatly appreciated.

Respect Referees. Referees are essential for match days and PCFC is committed to supporting referees. As with all sports, there will inevitably be a situation in which we see the game or play differently than a referee. Please be respectful of referees and their calls.

Respect Opposing Teams. Players should learn how to cope with the stress and challenge of competition with fair play and without resorting to abusive, dishonest, or unsportsmanlike tactics on the field. Remember that you are role models. Your child will look to you and to learn how to handle the stress and challenges that come with competition. Please refrain from engaging in any inappropriate behavior on the sidelines directed towards opposing players or families. If you have any concerns, please communicate those to the club.

Think about what you are doing! Uphold respect and fair play! If you follow the expectations described above, your child's experience at PCFC will be positive, and it will help foster a friendly environment where your child can learn to love the game and develop as players.

Any parent who does not follow the expectations described above may be asked to leave the fields and/or removed from PCFC.

Thank you for all your support and commitment to upholding PCFC's mission, goals, and values.